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Please Read This Information and Keep for Further Use *DRI Excel*[®] is suitable for children over the age of 5 years. Most children stop bedwetting by 5 years. Beyond this age, help to become dry may be needed. Occasionally a medical disorder may be present, but mostly it is due to an involuntary failure of learning; the child is not to blame. Successful treatment with *DRI Excel*[®] takes from a few weeks to a few months. Persistence is the key to success. If relapse occurs, another short course will usually succeed. **Always Encourage.**

The *DRI Excel*[®] is not a toy to be played with and when not being used it should be put away to prevent interference.

Description. The *DRI Excel*[®] has two parts, the alarm unit and the detector. The alarm box goes on the shoulder and the detector plugs into the alarm box with the detecting part going inside the underwear to react to urine, and to trigger the alarm.

Stages of Treatment

1. The *DRI Excel*[®] teaches the user to wake up as urination begins.
2. The user becomes more sensitive to the sensations of the bladder filling up, and more often wakes up just before or just after urination starts.
3. The user wakes up to the need to urinate but with no urine having been passed.
4. The user progresses to the more mature pattern of being able to sleep through the night, and mostly does not have to get up to urinate during the night. For an even more detailed explanation and research see www.anzacare.com

Operation tip. When the detector is plugged into the alarm box this switches the *DRI Excel*[®] on to be ready to react to moisture. When the detector is unplugged this switches it off. During the day make sure that the detector is unplugged because when plugged in it is using battery power (although it is a very small amount).

Method of Using *DRI Excel*[®]

1. To attach the alarm to the pyjamas: sew, or safety pin the loop fastening material on to the shoulder and place the *DRI Excel*[®] alarm box on the fastening material. It is best if the socket for the plug on the alarm box faces upwards. The wire from the alarm box, which connects it to the detector, goes inside the pyjamas and down to the underwear.

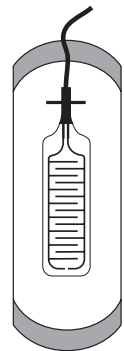
Procedure Tip. A few children may unplug the detector during the night. It can be helpful to run the wire from the plug down the back of the alarm box between the two parts of the hook and loop fastening material, which will help to hold it in place. Running the wire from the detector up through a top button hole on the pyjamas and then fastening the button can also be useful. Another simple solution is to put a rubber band tightly around the alarm box with the wire under the rubber band.

2. The detector is put inside a pantyliner or minipad, which is then stuck inside the crutch of underpants.

Procedure Note. The detector is sensitive to moisture and may even trigger if held by the fingers. This is normal.

3. Make a small cut into the absorbing layers of the pantyliner, insert the point of the scissors and make a tunnel to put the detector inside. To help keep the detector inside the pantyliner, put sticky tape over the cut.

Procedure Tip. You may find that it is possible to cut a pantyliner in half (crossways) and insert the detector. Using this method then less urine will be needed to trigger the alarm.



If you do not wish to use a pantyliner, then the detector can be put between two pairs of underwear, or a pocket of material can be sewn into the crutch of the underwear and the detector inserted in the pocket. The pocket must fit the detector tightly to hold it in.

4. Practise this routine before bed: attach the *DRI Excel*[®] alarm box to the shoulder, plug in the detector and trigger it by putting into a container of water, unplug and pretend to go to the bathroom, return, reattach *DRI Excel*[®] and practise again 5 times.

5. When the alarm sounds, the child wakes, unplugs the alarm, and goes to the bathroom.

Procedure Tip. In the early part of treatment a very heavy sleeper may not wake. This does **not** mean that the *DRI Excel*[®] will not be successful. In time, this child will “tune in”. Until then, you wake your child, but have the child unplug the alarm and go to the bathroom. Make sure your child is completely awake and remembers the next day waking and hearing the alarm and going to the bathroom. You can also refer to the FAQ page on the website www.anzacare.com for an even more detailed approach to extreme heavy sleeping.

6. **Always** wash the detector well in soap (preferably a liquid soap wash) after each night and rinse in water thoroughly and dry on a tissue. If the soap is not properly washed off it may cause the detector to trigger. To sterilize, it can be washed in alcohol. **The detector wire is often pulled on during use; it is strongly advised to buy a spare in case a replacement is needed during treatment.**

7. **Keep using DRI Excel[®] every night** until there have been no wet beds for 14 nights.
8. **Testing.** Every night before use, test the detector and the alarm box. Plug the detector into the alarm box and note that there are pairs of black bars on the detector. These are the detecting bars. With a container of hot water (this best approximates urine) slowly insert the detector starting with just one pair of bars, and note how many of the pairs of black detecting bars need to be inserted before triggering. If more than 6 pairs of bars need to be inserted then it is time to renew the detector.

Fault Finding

It is unusual for the alarm unit to become defective. Any failure to trigger is usually due to normal wear of the detector. Just as the earphone on a personal radio will need replacing, the detector also needs replacing from time to time.

1. Detector does not trigger alarm. Clean detector in liquid soap or alcohol. If this does not fix the problem replace the detector.
2. Rusty batteries. This is **not** caused by faulty batteries or the batteries running down, it is **only** caused by water having got in the case (e.g., going through the wash). It is likely to have damaged the electronic circuitry and the alarm unit may need to be replaced. It is not replaceable under warranty
3. Gradual lowering of sound. Normally batteries will last many months and only gradually lose power and volume. To replace batteries, open the case by putting a coin in the slot at the bottom of the case and twist open. **Note:** Zinc Air batteries are not suitable, check the inside of the case for correct batteries.
4. Sudden lowering of volume (i.e., alarm still functions but is now low volume). This will be due to interference with the piezo buzzer by the user and is not a manufacturing fault and is not covered by warranty.



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